Resources from Jess Miller's Parent presentation on June 18, 2019:

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Message for parents from Jesse Miller

> *Critical thinking is key to the successful social media conversation and any dialogue about inappropriate/appropriate behaviour has to give context and consequence on scale that's relevant to the values and opportunities of the student. The research that is emerging shows us what we know about the first generation of kids growing up with social media as a constant, the next generation will give us some amazing contrast and scale to measure impacts (both positive and negative).*

> *Also, parents need to lead by example - we can't work in the 21st Century, relax with and rely on 21st Century conveniences and expect our kids to play and live by 20th Century constructs and boundaries.*

Resources

Anything from Amy Orben is amazing foundation setting research - she is the absolute best and an emerging leader in psychology assessing how technology is impacting the developing youth experience https://www.pnas.org/content/116/21/10226.short

Andrew Przyblski is a researcher who is addressing the concerns we see with kids and screen time, mental health, and opportunities in education to revamp the narrative of gaming being bad or detrimental
https://www.oii.ox.ac.uk/people/andrew-przybylski/ - any of the papers from his Google Scholar list would be interesting discussions https://scholar.google.co.uk/citations?user=hFecVXQAAAAJ&hl=en

This interview with Przyblski is a very good conversation starter - especially for critical thinking https://www.youtube.com/watch?v=8voQHnfOq7w

A very good Ted Talk is from Bailey Parnell - https://www.youtube.com/watch?v=Czg_9C7gw0o - it provides some stats which I don't think are the best resource but her talk as a whole is a very good conversation starter. This might be good for teachers and interested parents.

As mentioned in the session - Media Smarts is the Canadian leader in the conversation for Media Literacy - http://mediasmarts.ca/digital-media-literacy their resources here are invaluable but I encourage parents and teachers to always reference the suggestions against the Grade 10 Curriculum for New Media https://curriculum.gov.bc.ca/curriculum/english-language-arts/10/new-media and the framework for digital literacy https://www2.gov.bc.ca/gov/content/education-training/k-12/teach/teaching-tools/digital-literacy to understand how these themes are applicable in education.

The resources from Media Smarts as a whole are vast - additionally the Erase BC content has adapted to include more than just reporting and cyberbullying content.

In regards to concerns about video games - parents can learn much from Patrick Markey https://interpersonalresearch.weebly.com/television.html he is a phenomenal resource for the

gaming conversation - https://www.youtube.com/watch?v=gFeSM07w6_g this video specifically in regards to violence - definitely geared more towards the senior student group but a good conversation - they might need to Google "What is Bonanza?"

If there is any need for a health and wellness dialogue - especially surrounding hyper sexualization and sexting - https://amyhasinoff.wordpress.com/book/ Amy Adele Hasinoff is a great resource but this might be more for the counselling office than classroom and will help the PACs with some of their concerns.

Small humblebrag attachment - https://www.edcan.ca/articles/beyond-rules-of-engagement/ I wrote this last December, it might be relevant.

Further Resources

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Common Sense Media - https://www.commonsensemedia.org/ - Here parents can find reviews of apps, book and movies that are done by parents and students with suggestions for how parents can talk to their kids about the issues they could encounter. I love the newsletter I receive from them.

NetSmartz - https://www.missingkids.org/content/netsmartz/en/topics.html - This site offers information and questions that you can use to lead your children in conversations about their online activities.

Netsafeutah - https://www.netsafeutah.org/parents/index.html - Here you will find videos you can watch with your children, suggestions to guide conversations and more.