



**ANOLA SCHOOL**

30 Academy St  
Anola, Manitoba  
R0E 0A0

Phone: 1-204-866-2962

Fax: 1-204-866-3177

Principal: Mr. B. Welsh

Email: [bwelsh@sunrisesd.ca](mailto:bwelsh@sunrisesd.ca)

WebSite: [www.sunrisesd.ca/](http://www.sunrisesd.ca/)

---

Dear Parents and Guardians,

It is our goal at Anola School to provide a safe learning environment for all students. There are some children attending our school who suffer a life threatening allergy to peanuts, tree-nuts and other specific food allergens. As a result, Anola School is an allergy/nut aware school.

Some may ask what "allergy/nut aware" means. Several precautions are factored into our daily routine. We provide our students with an area to eat their lunch separate from others, we inform our students about food allergies and we take specific safety precautions to protect individual students. Additionally, the staff is trained to take steps necessary should a child have a reaction.

In some grades, parents are asked to voluntarily refrain from sending food items containing peanuts, tree-nuts or specific other food allergens to school because the risk of harm is high for individuals or groups of students. With all of this in mind, we need to ask for your help as parents to keep all of our students safe.

- We ask that you "voluntarily" refrain from sending these items in your student's lunch and snack that contain peanuts and the above mentioned allergens. We have a nut-acceptable area designated in front of the office, however the more we minimize the risk of accidental exposure, the better off all of our students will be.

- Below is specific rooms that need to attend to these concerns.

Thank you in advance for your cooperation and support regarding this matter. We appreciate the community spirit it takes to make our school a safe and happy place. If you have any questions, comments, or concerns, please feel free to contact me at school by phone or email.

Sincerely,

Mr. B. Welsh  
Principal  
Anola Schol



**Room 3 -----Peanuts**  
**Room 8 -----Peanuts**  
**Room 15-----Peanuts**  
**Room 14-----Eggs & Fish**

## **Anola is an Allergy Aware School**

Anola School takes food allergies seriously. We understand that food allergies can be life threatening. Recognizing that the risk of accidental exposure to foods can be reduced in the school setting, we are committed to working with students, parents/guardians, and physicians to minimize risks and provide a safe educational environment for food-allergic students.

It is our goal to provide a safe learning environment for all students. Parents are encouraged to contact the school student services staff or the Principal if they have questions pertaining to an allergy that could affect their child's health and safety at school.

### **Allergy Awareness in Anola School**

There are some children attending our school who suffer a life-threatening allergy to certain foods. As a result, Anola School is an allergy/nut aware school.

#### **What specifically does peanut aware mean?**

As a peanut aware school, several precautions are factored into the daily routine in order to reduce the risk of accidental exposure. A nut-acceptable area is designated in front of the office, a school-wide program to educate students about food allergies has been implemented, specific safety precautions are implemented to protect individual students based on need and the staff is provided training in order to properly respond in the event that a reaction occurs. Additionally, steps are taken to ensure that peanut/tree nut products are not served at school-wide activities in which allergic students may be in danger.

#### **Are peanut/tree nut products and other foods susceptible to allergies allowed in school?**

Yes. However, in order to reduce the risk of exposure for students who possess an allergy to peanut/tree nut products and other foods identified as an allergen these items are not provided in the school snack program, at extracurricular events or provided in school-wide activities. Students can bring peanut/tree nut products to school for lunch, however these items are not allowed to be eaten in the classrooms/lunch rooms specified.

In some grades, parents are asked to voluntarily refrain from sending food items containing peanuts, peanut products, almonds, cashews, walnuts, other tree nuts, shellfish, eggs and fish to school because the risk of harm is high for individuals or groups of students. In those instances, parents may also be asked to help ensure that snack items intended for sharing not include these items, as they pose a danger (including anaphylactic shock) to some of our students. Parents of these grades will be notified.

[Peanut Aware Tips and Food Ideas for Parents](#)

[Letter to Staff and Parents](#)

**External Links (these will take you away from the Anola website):**

[Food Allergy & Anaphylaxis Network \(FAAN\)](#)

[Peanut Allergy \(Mayo Clinic\)](#)

[Anaphylaxis and Anaphylactic Shock \(peanutallergy.com\)](#)

Room 3 -----Peanuts  
Room 8 -----Peanuts  
Room 15-----Peanuts  
Room 14-----Eggs & Fish

Thank you for your consideration and support in this matter. We recognize the inconvenience that these guidelines present for families and are appreciative of your help and cooperation. If you have any questions, or if your child has an allergy which poses a risk to his/her health and safety, please contact the Anola School office.