



SD71 Wellness Program

SD71 Wellness Program is an exciting program that is committed to educating and supporting employees and their families in various lifestyle areas, including but not limited to: financial wellness, physical activity, healthy living, nutrition & mental health.

For the most up to date Work 2 Wellness partnership information, please visit the Employee Web Centre and click the W2W logo to access full details on current W2W offerings.

The list below confirms current W2W partners & their offerings for all SD71 employees to enjoy. Please present SD71 photo ID to take advantage of these offerings.

W2W Partner:	Offer:
Bikram Yoga	<ul style="list-style-type: none"> • A 10% discount on monthly membership
Blush Aveda Spa	<ul style="list-style-type: none"> • 15% discount on all regular priced services
BodyNetix	<ul style="list-style-type: none"> • 25% discount on limited monthly membership period (\$82.00/month reg. \$110.00/month) • 25% discount on unlimited monthly membership for unlimited classes per month (\$112.00/month reg. \$150.00/month) • 28% discount on small group training (\$18.00/session reg. \$25.00/session)
BrainiGO	<ul style="list-style-type: none"> • 20% off all services. Enter SD71 promo code at checkout.
Campbell River Whale Watching & Adventure Tours	<ul style="list-style-type: none"> • A 15% discount on all Tours
Capoeira & Energia Fitness Comox	<ul style="list-style-type: none"> • 15% off Capoeira Classes • 15% off personal training @ Energia Fitness
Carderos Coffee	<ul style="list-style-type: none"> • 10% Discount
Chatters Salon	<ul style="list-style-type: none"> • 10% off Retail Purchases • 10% off Regular Priced Haircut
Cherry Wine Fashions	<ul style="list-style-type: none"> • 10% Discount off all regular priced items
Cloverdale Paint	<ul style="list-style-type: none"> • 28% on paint & 17% on sundries (brushes/rollers)



W2W Partner:	Offer:
Codes Country Bowling	<ul style="list-style-type: none"> • Coupon for \$3.50 bowling
Comox Community Centre	<ul style="list-style-type: none"> • A 20% discount on Fitness Studio • A 20% discount on punch card (limit one per person per year) • A 20% discount on fitness related programs • A 20% discount on squash bookings • A 20% discount on fitness consultations
Comox Valley Acupuncture	<ul style="list-style-type: none"> • \$10 off initial appointment
Comox Valley Kayaks	<ul style="list-style-type: none"> • 15% Discount off Rentals
Compass Adventure	<ul style="list-style-type: none"> • 15% discount on all adult programs • 10% off all kids camps
Core Studio & Stretch Therapy	<ul style="list-style-type: none"> • A 15% discount off all services
Courtenay Recreation/Lewis Centre	<ul style="list-style-type: none"> • 15% discount on programs (some restrictions may apply), access to Wellness Centre, squash courts and the outdoor pool.
Crown Isle	<ul style="list-style-type: none"> • Golf: 10% off green fees year round
Curves - Comox & Campbell River	<ul style="list-style-type: none"> • 80% discount on enrolment fee (\$19.00 reg. \$99.00) • First month membership fee waived for a 12 month fitness program
Edible Island	<ul style="list-style-type: none"> • 20% discount to SD71 employees on in-store workshops
ELM Fitness	<ul style="list-style-type: none"> • 10% discount on all group classes
Extreme Runners	<ul style="list-style-type: none"> • SD71 Loyalty Program: every dollar spent is a point and 150 points is rewarded with a \$10 in store credit
Fireworx Glass Studio	<ul style="list-style-type: none"> • 10% discount on all adult classes/workshops
Fitness Excellence	<ul style="list-style-type: none"> • 15% discount on membership (3, 6 and 12 month) • 50% discount on enrolment fee (reg. \$19.95)
Fresh Slice Pizza	<ul style="list-style-type: none"> • 10% off regular priced pizzas (cannot be combined with other special offers)
Great Canadian Oil Change	<ul style="list-style-type: none"> • 10% discount



W2W Partner:	Offer:
Holy Cow Yoga Studio	<ul style="list-style-type: none"> • 20% off 6 punch pass • 20% off monthly unlimited membership
Inner Strength Acupuncture	<ul style="list-style-type: none"> • \$40.00 off your first acupuncture treatment • A 10% discount when you pre-book 10 treatments
Island Joy Rides	<ul style="list-style-type: none"> • 10% discount on the Wine and Chocolate Bike Tour, offered in July and August
Jennifer Abele – Registered Dietician	<ul style="list-style-type: none"> • Graciously providing workshops for W2W Challenges – Stay Tuned!
Kelly Cat & Kay Bird Art Studio	<ul style="list-style-type: none"> • 15% discount on all reg. priced adult programs
King Fisher Resort & Spa	<ul style="list-style-type: none"> • Buy 3 Hydropaths and Get the 4th Free: In groups of 4 people at the same Hydropath service time. Valid: Monday-Thursday. Valid through September 2018 to June 2019. Blackout dates apply. Not valid on Holiday long weekends, not valid December 25 to 29th, 2017. Quote: SD71 when booking.
Knockout Martial Arts	<ul style="list-style-type: none"> • 15% discount on membership
Kradles Baby Boutique	<ul style="list-style-type: none"> • 10% Discount off all regular priced items
Lupine Art Studio	<ul style="list-style-type: none"> • 15% discount on all reg. priced adult programs
Macdonald Centre for Natural Medicine	<ul style="list-style-type: none"> • \$10.00 discount on initial and follow-up visits • \$25.00 discount on in-house allergy testing • \$50.00 discount on laser quit smoking program • 15% discount on natural medicine
Madrona Wellness Centre	<ul style="list-style-type: none"> • 20% discount on one-hour counselling sessions • 20% discount on Bio-Energetic Synchronization Technique (30 minutes and 1 hour)
Miracle Beach Mini Golf	<ul style="list-style-type: none"> • \$1 off regular pricing to all participating employees
Mocean Yoga	<ul style="list-style-type: none"> • First Class is Free • 10% Discount off punch pass
Mountain City Cycle	<ul style="list-style-type: none"> • 10% off parts, clothing & accessories
Mudsharks Café	<ul style="list-style-type: none"> • 10% discount on food & drink items • 2 for 1 espresso based drinks between 3:00 and 5:00PM!



W2W Partner:	Offer:
Nourish Wellness Centre	<ul style="list-style-type: none"> • Barb Timmer, Reiki Master, Reflexology Practitioner, and Qigong Teacher <ul style="list-style-type: none"> · 20% discount on Spring Forest Qigong 6-Practice Punch Card · 15% discount on all regular-priced Treatment Services (SFQ, Reiki, Reflexology)* · 10% discount on all regular-priced Classes & Events (SFQ, Reiki)* *Early bird pricing and package discounts not included. • Jessica Dorzinsky, EFT Tapping Coach <ul style="list-style-type: none"> · 1st 60 minute EFT tapping session FREE & 15% off 5 session package • Marny Elliott, Nurtured Heart Approach Parenting Coach, Counsellor <ul style="list-style-type: none"> · 15% off individual parent counselling/coaching • Stephanie Grozell, Pilates Teacher <ul style="list-style-type: none"> · 10% off pilates classes at Nourish Wellness • Karen Squires, Yoga Teacher <ul style="list-style-type: none"> · 1st yoga class free at Nourish Wellness • Katie Kennedy, Yoga Teacher <ul style="list-style-type: none"> · 1st yoga class free at Nourish Wellness
Oh Spa	<ul style="list-style-type: none"> • 20% off Services at Oh Spa *Excluding RMT, valid Monday-Thursday., Subject to availability at time of booking. Cannot be combined with any other offer
Panago	<ul style="list-style-type: none"> • 25% discount on all pick up orders from September - June
Prime Chop House	<ul style="list-style-type: none"> • 3-5 everyday specials: pale ale or lager \$5, prime white or red \$6, range of appies \$4.50-11
Rawthentic Eatery	<ul style="list-style-type: none"> • 10% discount on menu items made by Rawthentic Eatery
Seeds Food Market in Cumberland	<ul style="list-style-type: none"> • 15% off punch card for 5 different visits on all products except meat and dairy.
Second Slice Pizza	<ul style="list-style-type: none"> • A 10% discount on regular priced pizzas
Sherwin Williams Paint	<ul style="list-style-type: none"> • 30-40% off Paint (varies depending on type)
Sid Williams Theatre	<ul style="list-style-type: none"> • Proudly donates prizings for W2W Challenges – Stay Tuned!
Spaces Virtual Reality Experience	<ul style="list-style-type: none"> • 10% off all Virtual Reality Experiences
SpiritFirst Healing Touch	<ul style="list-style-type: none"> • \$10.00 discount on initial and follow-up 'Healing Touch' visits
Studio IPF	<ul style="list-style-type: none"> • 20% off IPF Challenges • 20% off Registered Pilates Programs



W2W Partner:	Offer:
	<ul style="list-style-type: none"> • 25% off the IPF One Month Trial Pass (for anyone new to the studio)
Success Weight Loss & Ideal Protein	<ul style="list-style-type: none"> • 15% discount off the Start Up Package • 25% discount (per person) off the Start Up Package when a group of 3 or more people join together • 10% discount on all Diabetic friendly products
The Academy of Martial Arts & Fitness	<ul style="list-style-type: none"> • 20% discount on membership
The Core Stretch Studio	<ul style="list-style-type: none"> • 15% discount
The Spool Sewing Studio	<ul style="list-style-type: none"> • 25% discount on all adult classes
Titanium Fitness	<ul style="list-style-type: none"> • 15% discount on unlimited CrossFit membership (\$120.00/month regular. \$140.00/month)
West Coast Water Sports	<ul style="list-style-type: none"> • 10% discount
Yummies & Gyros	<ul style="list-style-type: none"> • 10% discount on menu items
30 Minute HIT for Women	<ul style="list-style-type: none"> • 1 year contracted membership (1 months free with signing) • 2 year contracted membership (2 months free with signing) • 1 month membership will receive \$15 off the membership fee for the 1st month (regular fee \$75 -\$15 =\$60 for 1 month unlimited)