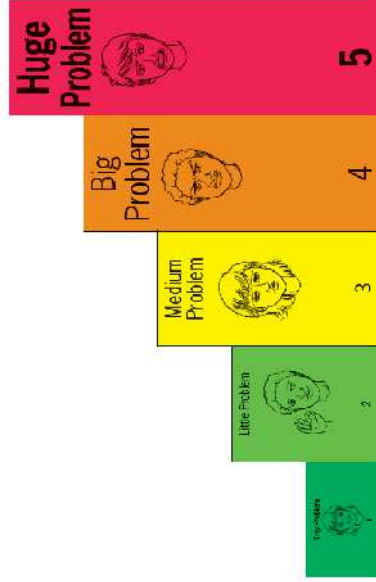
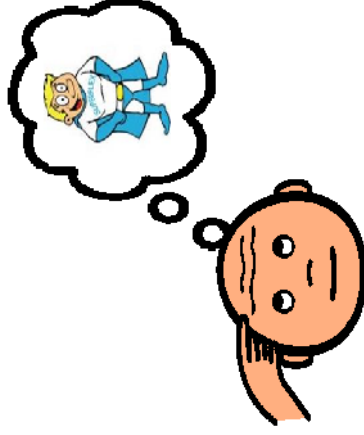


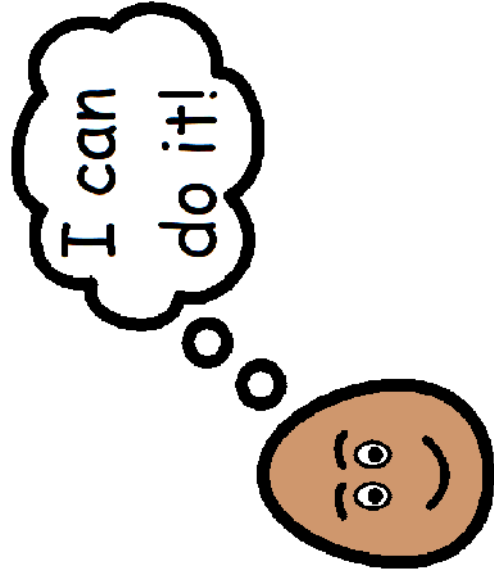
size of the problem



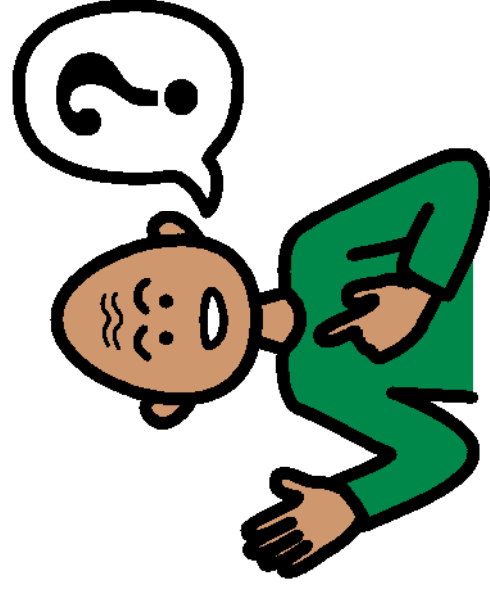
flexible thinking



inner coach



ask for help



thinking choices

talk to an

adult

