

May 2, 2019



Silverback News

Mapes Elementary School: Home of the Silverbacks!

14907 Mapes Rd., Vanderhoof, BC V0J 3A1

Tel: 250-567-4341

Happy Birthday!

Best Birthday wishes to our students celebrating a birthday in **May**:

May 5th - Bowen

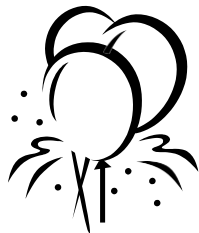
May 8th - Michael

May 16th - Maxwell

May 21st - Caleb

May 21st - Jaylyn

May 30th - Nevio



DATES TO REMEMBER

May 3rd - Sturgeon Release (K/1)

May 8th - PAC Meeting

May 10th - Pro-D Day (No School for students)

May 15th - Grilled Cheese Hot Lunch

May 16th - Maxine's Greenhouses Plant

🌸🌸🌸 Order Pick up 4:00 PM - 6:00 PM 🌸🌸🌸

May 17th - Vanderhoof Aquatic Swim 12-1
Parent Volunteers needed!

May 20th - Victoria Day (No School)

May 24th - Primary Fun Run @ FSJ

May 29th - Track & Field @ FLESS

May 29th - Welcome to Kindergarten

May 30th - Hot Dog Hot Lunch *Date Change*
Due to Track and Field Hot Lunch will be on Thurs

June 21st - National Indigenous People's Day

June 27th - Last day of school - ½ day

It was awesome to celebrate our students on Tuesday at the month end assembly and watch the slide show of the variety of learning and playing activities that occurred during the month of April. Tuesday also provided each class with a special paint by number indigenous art activity thanks to Shirley Babcock. Look for your children to be bringing home some beautiful paintings. We had a great day on Wednesday as students put their best effort into the Jump Rope for Heart event. There are some very talented skippers! Tomorrow is the annual Sturgeon Release at Riverside Park. The K/1 class have paired up and chosen a name for their fish that will be released into the Nechako River. I look forward to sharing some pictures on our school Facebook page and to hearing about the adventures and learning from the day.

We have reached that point in the school year where we are starting various District assessments across the classrooms. Your children may be talking about the DNA, RAD or school wide write. If you have any questions about the district assessments, please stop in to visit with your classroom teacher, or myself. I have altered my schedule to start the day at Mapes and finish at Sinkut View, which means I am normally at the school each day from 7:30 – lunchtime.

~ Ms. Soffel



Mapes Students raised \$1278.75!!!

Mapes Strong Start

Monday - Thursday
9:00 - 12:00

COME JOIN US!

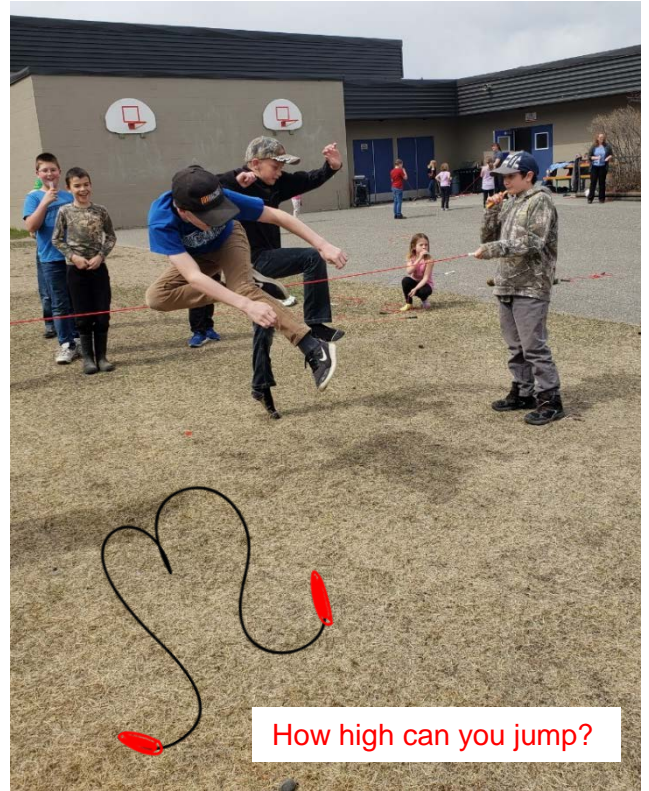
41st Annual Wild Goose Chase
Fun Run, Vanderhoof BC
 May 5, 2019 at 10:00am
 3.5km & 8km Run or a 5km Walk

Lots of Door Prizes to Give Away:

- 1 Mountain Bike
- Kids Only Gift Certificate for Earthen Ware
- 1-Month Membership to Vanderhoof Health and Fitness
- Over \$750 in Gift Certificates to:**
- Stride and Glide Sports
- Vanderhoof Department Store
- Omineca Source for Sports
- Earthen Ware
- Home Hardware
- Woody's Bakery
- Tasty Tandoori
- And more!**
- All kids under 8 get a medal for finishing!

Register at 8:30am on May 5 at WL McLeod
 Or visit www.strideandglide.ca to register

Thanks to our Sponsors: New Gold, Omineca Medical Clinic, Sweeping Beauties Janitorial, Earthen Ware Ltd, Integris Credit Union, Li-Ching & Michael Reed, Barton Insurance Brokers, Four Rivers Co-op, M4 Enterprises, Dr. Collard, MNP Vanderhoof, Northern Trail Solutions, Stride & Glide Sports, Omineca Source for Sports, Vanderhoof Department Store, Home Hardware, Bakery Lobelle (Woody's Bakery), J & S Drive Inn, Vanderhoof Health & Fitness, Canfor Plateau, District of Vanderhoof, Cozy Corner Pizzeria, SD91, Barehands Landscaping, Northland First Aid



How high can you jump?

SNAP® (Stop Now And Plan)

SNAP is a proven program that teaches children with behavioural problems, and their parents, how to make better choices "in the moment"

SNAP® stands for STOP NOW AND PLAN and is a program for children ages 6-11, and their caregivers. SNAP® is a program that helps children and parents regulate angry feelings by getting them to stop, think, and plan positive alternatives before they act impulsively. Nechako Valley Community Services Society (NVCSS) has trained staff to deliver the SNAP® program and is currently looking to start a **SNAP Boys Group (10-11 years of age).**

This program will start on May 6, 2019 and will be weekly 1.5 hour sessions for both parents, and children for 13 weeks. This program has an open referral so please call 250-567-9205 and ask to learn more about the SNAP program. We look forward to hearing from you!



**Mapes
Blackwater
Sob Lake
Community Hall**

Happy Mother's Day

Sunday May 12
 Mother's Day Brunch
 9:00 am - 11:30 am



On May 10th RBC is supporting BC Children's Hospital. Everything is by donation, it all goes to the BC Children's Hospital to support BC's Children

ACTIVITIES!

TLC face and body painting will be donating her time and paint. She will be doing face painting by donation from 10am - 3pm for anyone who is interested. The RBC Staff will be manning the BBQ and giving out Hot Dogs by donation from 11am - 3pm. Make sure to stop by for lunch or a little pick me up. Don't forget to let the Sunshine in!



Time to clean out the closet

Seniors Connected is looking for your gently used clothing for a senior's clothing swap



If you would like to donate
 Drop off is at Riverside Place
 Just ring the door bell and ask for Marina
mens@nvcss.ca or 250-567-8587