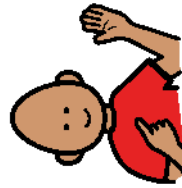


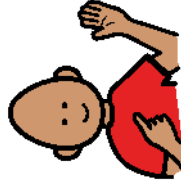
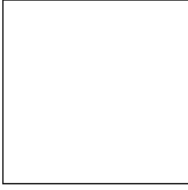
I feel frustrated!



I feel frustrated!



I can



I can



movement

break



exercise

bike



belly

breathing



squeeze

hands



quiet chair



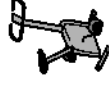
movement

break



exercise

bike



belly

breathing



squeeze

hands



quiet chair

