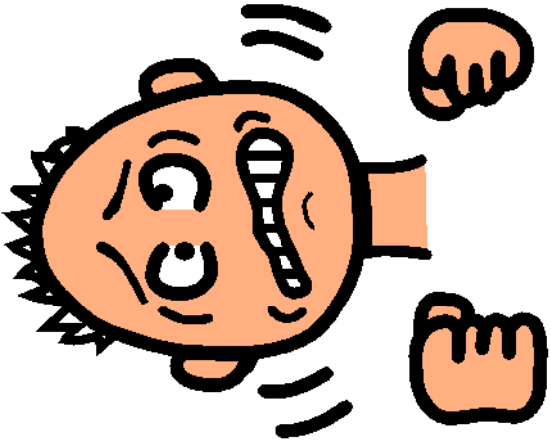
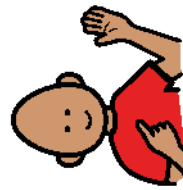
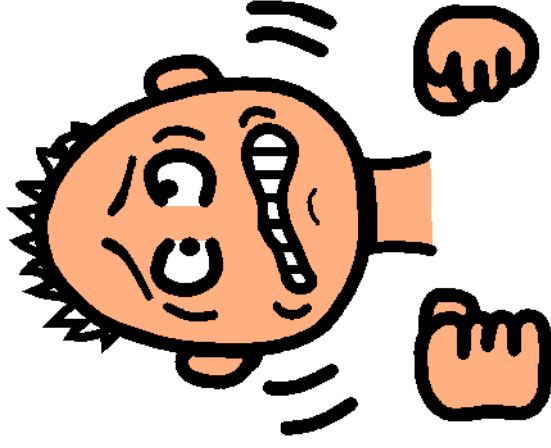


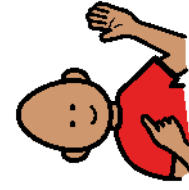
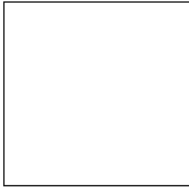
I feel frustrated!



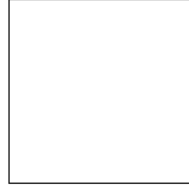
I feel frustrated!



I can



I can



movement

break



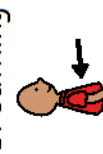
exercise

bike



belly

breathing



squeeze

hands



quiet chair



movement

break



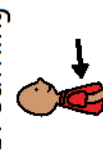
exercise

bike



belly

breathing



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quiet chair

